



“don” Lorenzo
Wind Spirit Teachings

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Welcome to Your DESERT INTENSIVE:

I schedule all Desert Intensives myself. I never work with more than four folks at a time. It is important to me to spend as much quality time with each person as possible. We spend a great deal of time in the desert and there is a great deal of in-house work done as well.

Desert Intensives range in length from 3 – 7 days. Three days is enough to get some real inner work initiated, but naturally, seven days is better. Any time spent here will result in inner shifting, as you will see.

We do a lot of inner-personal work and you will learn extensively about Native Wisdom, Teachings, and Philosophy with emphasis on the “Nagual” Teachings of the Yaqui, my tradition. I encourage you to bring a journal, one that you can carry with you, as you will be receiving a great deal of life-changing information that will not only guide you throughout the Intensive but in your personal life as well, long after your intensive.

I want to say that perhaps.. your little inner voice has been speaking with you for

some time now, and maybe encouraging you to explore the Adventurer in you, your “Warrior Within”. In these all too hurried times it seems we always attend to others, and all other things of business, before we attend to ourselves. We inadvertently seem to leave ourselves for last. Honoring yourself and your journey will be the most Powerful and Sacred task you can pursue.

It would be an honor to work with you.

Balance to You,

Lorenzo

DESERT INTENSIVE

People come to the desert to work with me for various reasons:

- To become familiar with those things that “Bind” me in my journey
- To attain “Insight” into the “lessons” that are hidden in my Shadow
- To develop a deeper connection to Nature, Plants, and Animals.
- To learn Native, Indigenous, and Yaqui Native Traditions
- To develop “Intimacy” with Mother Earth and all Beings
- To gain a deeper sense of Self Awareness
- To seek a deeper Connection with my Spirit
- To understand the language of my Heart
- To gain Insight into the Language of “Energy”
- To discover Unknown and Hidden abilities
- To Experience Existence...”Outside of the Box”

WHAT TO EXPECT ON A DESERT INTENSIVE

1/2 Day “Introduction”

This is for people who are wondering what it might be like to do this kind of work – what it is like to work in the desert environment and if this kind of work will give them results they seek. You will be asked to come with an open mind. The rest will reveal itself.

Includes:

- 3-4 hours of private consultation - will include exercises that will help you to see the arenas of your life that need focus and clarification
- Possible visit to a Sacred desert location - The energy that one carries defines what happens around them. Therefore, when I walk with you in the desert I will watch what happens around you – this will tell me what you may be ready for
- By the end of our time together you will have a clear idea of the arenas in your life that need your attention and whether or not you are ready to take the steps necessary to accomplish this work

Half-Day Introduction Fee

\$150.00

FULL DAY INTENSIVE

- Days will average from 6 to 8 hours, with frequent Sunset and Evening excursions. Summer months average longer days into evenings and night.
- Transportation to various Sacred / remote desert locations
- Morning & evening Native Rituals
- Creation Stories and Story Telling
- Daily exchange of Sacred and Ancient Wisdoms
- The creation of various Sacred ceremonial objects
- Medicine Bags, Ceremonial Rattle, Personal Shield, etc.
- Hands on activities to enhance your process of self-discovery
- Desert sunrise or sunset experience
- Insight into the Elements - Their Significance and Teachings
- Understanding the Four Directions and their impact on my Life and Life's Journey
- Understanding Relationship
- Seeing, Hearing, Feeling, and Sensing the Sacred that Surrounds Us.
- Experiential exercises to Awaken my Body, Mind, and Spirit
- Closing ceremony on Sacred Mountain your final morning

FULL DAY INTENSIVES FEE

\$375.00 A DAY

INCLUDES

GUEST HOUSE ACCOMMODATION

Nearby Hotel/Motel Accommodations are available also, if this is what you would prefer. Rates vary from Low-end \$55-\$75 per day. High end \$85 to \$100+ per day. Details provided upon request.

Types of Intensives

3 Day Intensive

This Intensive is designed to “Wake you up”,

in order to be able to recognize your own voice. The Voice one you came here with, the one that is now mingled in with all the other voices in your head. Most people can not recognize their own voice anymore. This leads to a state of on going confusion, inability to make decisions, fear, and leaves us at the mercy of the world. Working with the Yaqui teachings passed on by “Los Viehos ” - “The Old Ones”; you will discover a powerful way to break the Bands of Life; self inflicted limitations, restrictions, reaction, and conditioning. This experience will include both indoor and outdoor Desert experiences.

5 Day Intensive

This Intensive is a deeper experience into the world of self-discovery.

In addition to the Awareness created in the 3 day intensive, you will be given

Self-Realizing Tools and taught Ceremony and Rituals that will help you to stay in Balance and maintain a State of Awareness. You will be prepared for a specific “Sacred Ceremony” which will be conducted on Sacred Mountain on the last day of your intensive. Days vary with a Combination of Indoor and Outdoor Desert Experiences, Journaling, Native Crafting -

Rattles and Medicine bags, and as needed Sacred Tools. There will be Daily Hands On work and Wisdom Teachings.

7 Day Intensive

During these extra two days you will be given Specific Methodologies that are particular to the “Individual” in maintaining the rhythm that is necessary to be able to hold my Balance in everyday living. Each Person is different and Unique. Developing the “Impeccability” of the Spirit is the Emphasis of these extra two days. By the conclusion of your intensive you should have a clear vision of your intention for coming to the desert. Again, everyone’s experience will be different because everyone carries a Unique Energy – which I assure you, will become apparent to you during your visit in the desert.

A Reminder:

Days vary with a combination of Indoor and Outdoor Experiences with visits to several Sacred Lands in nature and Medicine Wheel. You will be Creating Sacred ceremonial objects and participating in hands on Wisdom Teachings.

During your Intensive you will also be making a Medicine Bag and a Ceremonial Rattle, the significance of which will be explained in detail.

You will be using all of these Sacred Items for ‘your’ Ceremony on Sacred Mountain (in the 5 / 7 Day Intensives) on the last day of your Intensive.

This is profound Ceremony of Great Significance, which you will also see.

GUEST HOUSE

Please note: Your Intensive Fee includes lodging in our lovely Guesthouse and a necessary trips to the grocery store if you do not rent a car.

The Guest house is a fully furnished three-bedroom home with two bathrooms, laundry, kitchen, and all of the amenities for meal preparation. This is actually the place where we will be doing most of our work. There is a large fenced back yard with an above ground swimming pool for taking the edge off on hot days. The Arizona sunsets are absolutely incredible and you will see every star in the sky at nights.

- * Your own private bedroom with small desk
- * Filtered water in house for your consumption
- * Air Conditioned Home with Separate Ceiling Fans
- * Grocery store transportation if needed
- * Swimming pool and peaceful backyard to enjoy and take the edge off of those hot days.
- * The Starry Nights are beyond Exquisite!

SCHEDULING & DEPOSITS

I am usually scheduled out several weeks in advance, so I encourage folks to book their time as early as possible. I also encourage phone contact. It gives you a chance to ask any questions you might have and I can answer them on the spot. It also gives me the opportunity to connect with you.

A 30% non-refundable deposit is required upon confirmation and can be mailed to:

Lench Archuleta (checks payable to)

PO Box 1183

Arizona City, AZ 85123

Balance is due 14 days before arrival for your Intensive

Ask for details on credit card payments

CANCELATION POLICY

If your intensive is cut short for any reason you will receive your balance paid back minus a 30% non-refundable deposit.

WHAT TO BRING....

Journal

Water Bottle

Anything you feel is needed to be in the sun and outdoor weather that varies in temperature drastically during day and night.

The average daily temperature varies and you can be in the desert for several hours at a time. I am very guided by what happens around you while you are here, that is to say, what happens around you when we go out into the desert. Therefore, these 'signs', will determine the direction we take for the day.

You might say that the day is not so much dictated by me, as they are by "Divine Guidance".

Most Everyone finds this experience rewarding and 'Life Changing.'

There is plenty of outdoor time, so on hot days light clothing is encouraged, especially in the summer. Sandals and sneakers work just fine. In the winter months it is cooler, so appropriate clothing is of course necessary, but we don't get snow here so daytime temperatures are actually very pleasant. I am happy to explain more about all this in more detail if you so desire. Layered clothing and sport fabrics are best.

PREP WORK PRIOR TO ARRIVAL

There is "homework" involved before you come out. I will send the homework out to folks once your deposit is received. The homework is required to be completed before coming out and is a series of questions that will create a foundation for the work that we will do. I encourage you to complete this work in private and keeping the work you do to yourself.

FOOD

Please note:

Cost for meals are separate and I encourage "community" while you are here. That means that you can share in the preparation of meals here at the house in the mornings, lunch, and evenings. You of course have the option to go out for meals if you desire. There are grocery stores nearby and restaurants for your needs. If you choose to not rent a car then you will be taken to town for a grocery trip upon your arrival.

COMMUNICATION WHILE HERE

During your stay there will be no phone, computer, television, email, radio, or news media - This is designed to give " Full Attention" to detaching from everyday affairs. Only in this way will you be able to become familiar with your own Energy, your own Voice and your Spirit. Your family or loved ones can be given my contact number & email in case of emergency

(520-705-6440) or windspiritl@mac.com).

TRAVEL

You will be flying into Sky Harbor Airport in Phoenix.

From there you may take a shuttle to my home, about an hour away.

If you want the freedom of mobility in the evenings to drive around, you can rent a vehicle in Phoenix. Directions to the house and shuttle information will be provided upon confirmation. Typically shuttle service is \$75 - \$85 one-way.

I can arrange to have you picked up at the airport for \$100 round trip.

DIRECTIONS

If driving - GPS address is

8998 Coronado Drive

Arizona City, AZ 85123

Call me on my cell when you are close - 520-705-6440

Welcome!!